

## Middlebrook PTA Weekly Messenger – January 29, 2017

### MIDDLEBROOK QUICK CALENDAR

Tues	January	31	Science Fair (Snow day Feb 2)
Thurs	February	2	8 <sup>th</sup> Grade Parent/Student Curriculum & Information Night at WHS – 7 p.m.
Thurs	February	9	BOE Meeting – 7 p.m. WHS Professional Library
Thurs	February	16	MB PTA 9 am
Fri	February	17	February Recess, President's Day – NO SCHOOL
Mon	February	20	February Recess, President's Day – NO SCHOOL

### MIDDLEBROOK 6 DAY CYCLE

Mon	January	30	Day 4
Tues	January	31	Day 5
Wed	February	1	Day 6
Thurs	February	2	Day 1
Fri	February	3	Day 2

## PTA & SCHOOL NEWS

### **PTA Sponsored Science & Engineering Fair is Tuesday!**

*January 31<sup>st</sup>, 3:30 to 6:00pm in the Middlebrook Gym. All are welcome!*

**VOLUNTEERS STILL NEEDED** - particularly for setup and cleanup.

To signup, please use this link: [www.SignUpGenius.com/go/10C0B4BA4AF2EA1F49-volunteers2](http://www.SignUpGenius.com/go/10C0B4BA4AF2EA1F49-volunteers2)

Any questions, please contact [middlebrooksciencefair@gmail.com](mailto:middlebrooksciencefair@gmail.com)

### **Project Adventure Winter Session Feb 13- March 24**

Be involved in one of the few opportunities to work directly with your Middlebrook child – become a volunteer for Project Adventure! The Middlebrook PE Department offers the chance for middle schoolers to climb, swing and belay on a ropes course inside the gyms during Winter.

Adult volunteers are needed to assist with belaying. To become involved, volunteers must take a one time training belay course through an accredited climbing gym (such as Rock Climb Fairfield). **For further information, contact Salys Magnusson** [salysmagnusson@yahoo.com](mailto:salysmagnusson@yahoo.com)

## **Congratulations to Middlebrook's Debate Team!**

This past Saturday, Jan. 28th, The Middlebrook Debate Team hosted the Connecticut Middle School Debate Association's winter tournament. The tournament consisted of debate teams from 17 districts, and over 160 kids. The tournament highlighted the best from our students, including a fourth place win for one of our Middlebrook teams (Arman Peters, Nathan Wang and Chris May). The next tournament will be April 22<sup>nd</sup> at Eastern Middle School in Greenwich.

## **Annual Yearbook Sale is Live!**

The Yearbook Photography Club's annual Yearbook Sale has begun! The cost is \$33 for a 200 page, full color, hardcover yearbook, with bonus "year in review" section. Unlike past years, there will be NO EXTRAS ordered, so you must preorder if you want a yearbook in June! Click the following link to order:

[http://www.jostens.com/apps/store/productDetail/1037380/Middlebrook-Middle-School/Yearbook/2016122004183522063/CATALOG\\_SHOP/YB\\_BOOKS/Yearbook/2016122004183523063/](http://www.jostens.com/apps/store/productDetail/1037380/Middlebrook-Middle-School/Yearbook/2016122004183522063/CATALOG_SHOP/YB_BOOKS/Yearbook/2016122004183523063/)

## **Middlebrook Maple Sugaring Club Begins February 2<sup>nd</sup>!**

Come experience "winter farming" with Kevin Meehan. Students learn about the process of tapping, collecting and boiling tree sap. Students will tap and collect sap from 50 trees, located behind Middlebrook. This program runs for about 5 weeks (weather dependent). Students meet on Thursdays, in the cafeteria, after buses are called. Pick-up is 4:10 pm in the pick-up line. There is no charge to participate in this program. Each child will receive their own bottle of Ambler Farm Maple Syrup. Please register by emailing Jennifer Grass ([grass@optonline.net](mailto:grass@optonline.net)).

## **Nurse's Health Office Announcements**

### **Health Requirements for Students Entering Grade 7 in Fall of 2017**

In accordance with Connecticut State Law, the Wilton Board of Education requires that prior to the opening day of school, an appropriate health examination, including immunization record, be filed in the health office. Prior to August 1, 2017, please submit a State of CT (blue form, HAR-3). Please check to see that all asterisks on the State of CT form are completed by the physician. The Physical must be within 15 months of the first day of entering the 7th grade.

### **Scoliosis Screenings Start in February**

Scoliosis screenings for 7<sup>th</sup> grade girls will be done during gym periods starting in February. To be excused from this, a parent's note is requested.

## **Join the PTA Online & Get Immediate Directory Access!**

Your membership and donations support the programs at Middlebrook that enrich the student experience. Student Assemblies, Outdoor Classroom, Media Center Supplies, Activity Nights, Science & Engineering Fair, Social Opportunities, Weekly Messenger, Photo Day, Teacher and Staff Appreciation Events, and Soaring Ahead are just a few of the programs our PTA supports.

When you join the PTA, you gain instant access to our new online directory. Visit <https://wilton.mobilearg.com>, choose parent or teacher registration, enter your email, name and the code "wilton" to join, pay your membership dues and make a supporting donation! Please add [support@mobilearg.com](mailto:support@mobilearg.com) to your address book to ensure delivery of the confirmation email with temporary auto-login link.

### **Join our Middlebrook Community Page on Facebook!**

It's a great way to stay up to date and share information across our school community. Just search for the group "Middlebrook School Parent Community" and ask to join. This page is for parents of current students at Middlebrook.

## **COMMUNITY NEWS:**

### **Wilton Parent's Advisory Board (PAB) Parent Presentation**

"**The ABCs of IEP's**" on Thursday, January 26th from 10AM - 12PM at Wilton Library (second floor.) Speaker Attorney De Francis will discuss Special Services, PPTs and the IEP process. Please RSVP to [pabwilton@gmail.com](mailto:pabwilton@gmail.com).

### **Wilton Youth Council – [www.wiltonyouth.org](http://www.wiltonyouth.org)**

**Wednesday, Feb. 1, 2017: [Raise Your Child to be a Resilient Adult](#) with Tracey Masella, LCSW.**

This program will illustrate how helping a child to learn to live life on life's terms will build resilience. Parents will learn how to foster problem solving skills and interpersonal effectiveness in their children by using mindfulness (where do we put our focus) and distress tolerance (how do we calm ourselves) techniques.

**10:00-11:30 AM @ Weston Library, 56 Norfield Rd, Weston (No registration necessary)**

**7:00-8:30 PM @ Wilton Library, 137 Old Ridgefield Road, Wilton**

**Registration recommended ([www.wiltonlibrary.org](http://www.wiltonlibrary.org) or [203-762-6334](tel:203-762-6334))**

### **Support Group for Parents**

#### **National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN)**

is for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained and certified volunteer facilitators who themselves have personal experience with these concerns. Speak freely and be understood. Parents come from Wilton and towns in the surrounding area. **Next meeting is February 27th, from 10-11:30, at G&B Cultural Center, 49 New Street, Wilton.** For info, contact Beth at [203-984-0123](tel:203-984-0123) or [Beth44es@gmail.com](mailto:Beth44es@gmail.com); or Vanessa at [EliasVanessa5@gmail.com](mailto:EliasVanessa5@gmail.com), or text [203-970-4130](tel:203-970-4130). You can also visit <http://www.namisouthwestct.com>

**NAMI Basics** is a FREE, six-session program designed for parents and other family caregivers of children and adolescents with emotional and behavioral difficulties. It helps to understand

illnesses causing behavioral difficulties, and the critical role families play in treatment. The program is taught by trained teachers who are also the parents or family caregivers of individuals with emotional or behavioral difficulties prior to age 13. **Start: Wed., March 1<sup>st</sup>, 6:30-9pm. Location: Grace Farms, West Barn 365 Lukes Wood Road, New Canaan. Contact: Janet: 203-517-9185 and Denise: 203-314-0208**

### **Trackside**

Trackside is ready to help your Middlebrook student make the most of the new school year with a variety of activities and events at the Teen Center, including free clubs such as Crafts for Shelter Pets, Gamer Club, and Broadway Club. As always, Trackside is open weekdays during the school year from 3 to 6pm and 3 to 7pm on Fridays for drop-in hours. Special events on Friday nights for include dances, parties, video game tournaments, and movie nights. For more information, visit [www.trackside.org](http://www.trackside.org) or follow us on facebook.com/trackside.

### **Board of Education**

Visit the [BOE website](#) for lots of information. Meetings are available for viewing online by [clicking here](#) and on cable channel 78.

### **Middlebrook Weekly Messenger Newsletter Submissions**

This weekly newsletter is reserved for news about information and events related to Middlebrook students. If you would like to submit a school-related announcement for this newsletter, please contact Middlebrook Messenger at [middlebrookmessenger@gmail.com](mailto:middlebrookmessenger@gmail.com) by Wednesdays at noon to be included in the next Sunday edition.