

Middlebrook PTA Weekly Messenger – January 15, 2017

MIDDLEBROOK QUICK CALENDAR

Mon	January	16	Dr. Martin Luther King Day- NO SCHOOL
Thurs	January	19	PTA Meeting 9 am in the Media Center
Fri	January	20	7 th Grade MOVIE NIGHT MB Auditorium 7 to 9 p.m.
Thurs	January	26	BOE Meeting – 7 p.m., WHS Professional Library
Tues	January	31	Science Fair (Snow day Feb 2)
Thurs	February	2	8 th Grade Parent/Student Curriculum & Information Night at WHS – 7 p.m.

MIDDLEBROOK 6 DAY CYCLE

Mon	January	16	NO SCHOOL
Tues	January	17	Day 1
Wed	January	18	Day 2
Thur	January	19	Day 3
Fri	January	20	Day 4

PTA NEWS

7th GRADE MOVIE NIGHT IS THIS FRIDAY!!!

What: 7th Grade Movie Night – Watch a movie (chosen & voted on by students), enjoy popcorn and snacks and play some fun games!

When: Friday, January 20, 7:00pm – 9:00pm [Rain Date: January 27, 7:00pm - 9:00pm]

Movie: *Finding Dory, The Great Gilly Hopkins or Angry Birds*

- *7th Graders will vote for the movie they like best at school. The winner will be revealed on the night of the show!*

Where: Middlebrook School Auditorium

RSVP: None needed – just show up

Student Cost: \$5 entrance fee

See you there!!

MIDDLEBROOK SCIENCE & ENGINEERING FAIR HELP SESSIONS!

We have had a record number of students sign up to participate in the fair! If your child is participating, you should have received an email from us to the email address you provided.

If you have not received the email please contact us at middlebrooksciencefair@gmail.com

Help sessions for the coming week are scheduled on-

Morning of Wednesday, Jan 18th - 7:30 - 8am

Afternoon of Thursday, Jan 19th - 3 - 4pm

Science Teachers and volunteers will be there to assist children. So please avail this great opportunity. *Any questions, or if you have not received an email confirmation, please contact Sujata Vemuri or Ritu Malik at middlebrooksciencefair@gmail.com*

Congratulations to this Year's Reflections Contest Winners!

Thanks to all who participated in this PTA sponsored program! All first-place winners move on to the state level. The artwork will be on display at the library until late January.

Dance: 1st – Jessica Wu, 2nd – Kelsey Tangorra

Literature: 1st – Harish Subramanian, 2nd – Jessica Wu

Photography: 1st – Ryan McElroy, 2nd – Vihan Jayawardhane, 3rd – Jessica Wu

Honorable Mention – Rohan Shah

Visual Arts: 1st – Colby Loughran, 2nd – Harish Subramanian, 3rd – Caroline Yoon

Honorable Mention – Anika Bhagavatula

Annual Yearbook Sale is Live!

The Yearbook Photography Club's annual Yearbook Sale has begun! The cost is \$33 for a 200 page, full color, hardcover yearbook, with bonus "year in review" section. Unlike past years, there will be NO EXTRAS order, so you must preorder if you want a yearbook in June! Click the following link to order:

http://www.jostens.com/apps/store/productDetail/1037380/Middlebrook-Middle-School/Yearbook/2016122004183522063/CATALOG_SHOP/YB_BOOKS/Yearbook/2016122004183523063/

Middlebrook Maple Sugaring Club Begins February 2nd!

Come experience "winter farming" with Kevin Meehan. Students learn about the process of tapping, collecting and boiling tree sap. Students will tap and collect sap from 50 trees, located behind Middlebrook. This program runs for about 5 weeks (weather dependent). Students meet on Thursdays, in the cafeteria, after buses are called. Pick-up is 4:10 pm in the pick-up line. There is no charge to participate in this program. Each child will receive their own bottle of Ambler Farm Maple Syrup. Please register by emailing Jennifer Grass (grass@optonline.net).

The Wilton Parent's Advisory Board (PAB) is sponsoring the parent presentation, "The ABCs of IEPs," on January 26th from 10AM - 12PM at Wilton Library (second floor.) Speaker Attorney De Francis will discuss Special Services, PPTs and the IEP process Please RSVP to pabwilton@gmail.com.

Nurse's Health Office Announcement

Health Requirements for Students Entering Grade 7 in Fall of 2017

In accordance with Connecticut State Law, the Wilton Board of Education requires that prior to the opening day of school, an appropriate health examination, including immunization record, be filed in the health office. Prior to August 1, 2017, please submit a State of CT (blue form, HAR-3). Please check to see that all asterisks on the State of CT form are completed by the physician. The Physical must be within 15 months of the first day of entering the 7th grade.

Join the PTA Online & Get Immediate Directory Access!

Your membership and donations support the programs at Middlebrook that enrich the student experience. Student Assemblies, Outdoor Classroom, Media Center Supplies, Activity Nights, Science & Engineering Fair, Social Opportunities, Weekly Messenger, Photo Day, Teacher and Staff Appreciation Events, and Soaring Ahead are just a few of the programs our PTA supports.

When you join the PTA, you gain instant access to our new online directory. Visit <https://wilton.mobilearg.com>, choose parent or teacher registration, enter your email, name and the code "wilton" to join, pay your membership dues and make a supporting donation! Please add support@mobilearg.com to your address book to ensure delivery of the confirmation email with temporary auto-login link.

Are you on Facebook? Join our Middlebrook Community Page!

It's a great way to stay up to date and share information across our school community. Just search for the group "Middlebrook School Parent Community" and ask to join. This page is for parents of current students at Middlebrook.

COMMUNITY NEWS:

Wilton Youth Council – www.wiltonyouth.org

Ski Trips!

MB's Youth to Youth has three ski trips - open to all of Middlebrook students. Fridays, January 20, and 27th. Depart 3:30 pm and return 10:45 pm.

Great fun. For forms, go to Y2Y Edline page. Y2Y is also selling fun ski hats for \$15. *Please see Tanya Leonard for trips or hats.*

Wednesday, Feb. 1, 2017: [Raise Your Child to be a Resilient Adult](#) with Tracey Masella, LCSW.

This program will illustrate how helping a child to learn to live life on life's terms will build resilience. Parents will learn how to foster problem solving skills and interpersonal effectiveness in their children by using mindfulness (where do we put our focus) and distress tolerance (how do we calm ourselves) techniques.

10:00-11:30 AM @ Weston Library, 56 Norfield Rd, Weston (No registration necessary)

7:00-8:30 PM @ Wilton Library, 137 Old Ridgefield Road, Wilton *Registration recommended*
(www.wiltonlibrary.org or [203-762-6334](tel:203-762-6334))

NAMI Support Group for Parents

Stressed out? Do you worry about hiding or explaining your child's behavior to family and friends? Does a break in routine or hectic times cause behavioral changes in your child? The National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN) is a support group for parents of children with behavioral, emotional and mental health issues.

The meeting is free, confidential, safe, and led by trained volunteer facilitators who have personal experience. Speak freely at our meetings and be understood without embarrassment or judgement. Parents come from Redding, Weston, Westport, Wilton and area towns.

Information: Beth at 203-984-0123 or beth44es@gmail.com OR Vanessa at 203-970-4130 or eliasvanessa5@gmail.com.

Trackside

Trackside is ready to help your Middlebrook student make the most of the new school year with a variety of activities and events at the Teen Center, including free clubs such as Crafts for Shelter Pets, Gamer Club, and Broadway Club. As always, Trackside is open weekdays during the school year from 3 to 6pm and 3 to 7pm on Fridays for drop-in hours. Special events on Friday nights for include dances, parties, video game tournaments, and movie nights. For more information, visit www.trackside.org or follow us on facebook.com/trackside.

Board of Education

Visit the [BOE website](#) for lots of information. Meetings are available for viewing online by [clicking here](#) and on cable channel 78.

Middlebrook Weekly Messenger Newsletter Submissions

This weekly newsletter is reserved for news about information and events related to Middlebrook students. If you would like to submit a school-related announcement for this newsletter, please contact Middlebrook Messenger at middlebrookmessenger@gmail.com by Wednesdays at noon to be included in the next Sunday edition.