

Middlebrook PTA Weekly Messenger – February 26, 2017

MIDDLEBROOK QUICK CALENDAR

Tues	February	28	BOE Meeting – WHS Professional Library, 7:00 p.m.
Thurs	March	9	BOE Meeting – WHS Professional Library, 7:00 p.m.
Wed	March	15	2 Hour Delay - Staff Development
Thurs	March	16	MB PTA Meeting 9 am
Mon	April	10	Spring Break Begins - No School April 10 – 14

MIDDLEBROOK 6 DAY CYCLE

Mon	February	27	Day 4
Tues	February	28	Day 5
Wed	March	1	Day 6
Thurs	March	2	Day 1
Fri	March	3	Day 2

PTA & SCHOOL NEWS

Note From PTA President, Laura Rowley

Thank you for the incredible participation in our Box Tops competition. The results are in and **Yellow took first place with 3,158 Box Tops!** Congratulations on winning a night free from homework! Our Middlebrook family brought in a total of 7,808 Box Tops or \$780.80 in less than a month!!! This brings our total earned for the school year to \$1,109.10 – we have reached and surpassed our goal of raising \$1,000 for the first time! Although the competition is over, please keep sending those Box Tops in! Thank you for your support!

Attention 8th Grade Parents: High School Planners For Sale

Is your 8th grader in need of a Student Agenda/Planner to assist them in coordinating all of their assignments and events? At the High School agendas are no longer provided to students. The Wilton High School PTSA is selling fully-customized 2017-2018 Agendas (6.625 x 9" with 2 hole punch) that include pertinent school information (contact info, the school calendar, maps of the High School and the Daily Class Schedule) and 26 pages of resources (6 Language Arts, 6 Math, 4 Social Studies, 6 Science and more).

Only \$8 each. Limited quantities will be available. We are currently accepting pre-orders until we sell out, pick up at the Freshmen Orientation in August unless otherwise arranged. Order forms can be found here:

http://www.wiltonhighschool.org/files/ZHK5e/f824fef4b3b04b0a3745a49013852ec4/WHS_Student_Agenda_Order_Form_2017-2018.pdf

Please contact Patti Sylvia at pattisylvia@aol.com with any questions

Project Adventure Winter Session Feb 13 - March 24

Be involved in one of the few opportunities to work directly with your Middlebrook child – become a volunteer for Project Adventure! The Middlebrook PE Department offers the chance for middle schoolers to climb, swing and belay on a ropes course inside the gyms during Winter.

Adult volunteers are needed to assist with belaying. To become involved, volunteers must take a one time training belay course through an accredited climbing gym (such as Rock Climb Fairfield). **For further information, contact Salys Magnusson** salysmagnusson@yahoo.com

Annual Yearbook Sale is Live – Order by March 17th!

The Yearbook Photography Club's annual Yearbook Sale has begun! The cost is \$33 for a 200 page, full color, hardcover yearbook, with bonus "year in review" section. Unlike past years, there will be NO EXTRAS ordered, so you must preorder by March 17th if you want a yearbook in June! Click the following link to order:

http://www.jostens.com/apps/store/productDetail/1037380/Middlebrook-Middle-School/Yearbook/2016122004183522063/CATALOG_SHOP/YB_BOOKS/Yearbook/2016122004183523063/

Nurse's Health Office Announcements

Health Requirements for Students Entering Grade 7 in Fall of 2017

In accordance with Connecticut State Law, the Wilton Board of Education requires that prior to the opening day of school, an appropriate health examination, including immunization record, be filed in the health office. Prior to August 1, 2017, please submit a State of CT (blue form, HAR-3). Please check to see that all asterisks on the State of CT form are completed by the physician. The Physical must be within 15 months of the first day of entering the 7th grade.

Join the PTA Online & Get Immediate Directory Access!

Your membership and donations support the programs at Middlebrook that enrich the student experience. Student Assemblies, Outdoor Classroom, Media Center Supplies, Activity Nights, Science & Engineering Fair, Social Opportunities, Weekly Messenger, Photo Day, Teacher and Staff Appreciation Events, and Soaring Ahead are just a few of the programs our PTA supports.

When you join the PTA, you gain instant access to our new online directory. Visit <https://wilton.mobilearg.com>, choose parent or teacher registration, enter your email, name and the code "wilton" to join, pay your membership dues and make a supporting donation! Please add support@mobilearg.com to your address book to ensure delivery of the confirmation email with temporary auto-login link.

Join our Middlebrook Community Page on Facebook!

It's a great way to stay up to date and share information across our school community. Just search for the group "Middlebrook School Parent Community" and ask to join. This page is for parents of current students at Middlebrook.

COMMUNITY NEWS:

Wilton Youth Council's New Website www.wiltonyouth.org

We are very pleased to announce that we have launched our new and improved Wilton Youth Council website! We hope you will find it helpful in learning more about our programs, as well as providing you with resources. Check it out at www.wiltonyouth.org!

Attention 7th Grade Parents: Class Project 2022

Orientation meetings for Class Project 2022 will be held on Tuesday Feb 28th, 2017. Plan on attending at Comstock Community Center at 10:00a.m., or Middlebrook cafeteria at 7:30 p.m. Both meetings will present the same information and give parents the opportunity to learn about all there is to know about what a Class Project is and how you can be a part of it. For the past 30 years, Wilton Class Projects have been bringing parents together to improve networking and communication, and to provide substance-free social activities for students in Grades 7 - 12. Questions? Contact Eva Beshlian- Class Projects coordinator at 203-451-0210.

Delay Your Gray: How to Keep Your Teenager Safe and Yourself Sane

Elizabeth Jorgensen, CADC, Director of Insight Counseling, will teach participants how to understand what is "normal" adolescent behavior, set effective limits, keep your teen safe from alcohol and drug use, have a sense of humor and cope with teens' intense moods, improve the partnership with your spouse (or ex-spouse) to create team-parenting strategies, to create and increase your network of like-minded parents and how to enjoy your teenagers and laugh with them more! **Tuesday, March 7th, 10-11:30 am Wilton Library- registration recommended (www.wiltonlibrary.org or 203-762-6334) or 7-8:30 pm @ Weston Library**

WYC Youth to Youth's Second Annual Color Run!

Color for the Council will be held Thursday, May 4th! Be part of the fun! Open to Middlebrook staff, students and their families! Registration is now live – sign up at Color4Council.eventbrite.com or download forms at Youth to Youth on edline.

Our February WYC Newsletter contains all events you might be interested in - be sure to sign up if you don't receive it in your inbox. <http://conta.cc/2lvqV6R>

National Alliance on Mental Illness (NAMI) Child and Adolescent Network (CAN)

is for parents of children with behavioral, emotional and mental health issues. The meeting is free, confidential, safe and led by trained and certified volunteer facilitators who themselves have personal experience with these concerns. Speak freely and be understood. Parents come from Wilton and towns in the surrounding area. **Next meeting is February 27th, from 10-11:30, at G&B Cultural Center, 49 New Street, Wilton.** For info, contact Beth at [203-984-0123](tel:203-984-0123) or

Beth44es@gmail.com; or Vanessa at EliasVanessa5@gmail.com, or text [203-970-4130](tel:203-970-4130). You can also visit <http://www.namisouthwestct.com>

NAMI Basics is a FREE, six-session program designed for parents and other family caregivers of children and adolescents with emotional and behavioral difficulties. It helps to understand illnesses causing behavioral difficulties, and the critical role families play in treatment. The program is taught by trained teachers who are also the parents or family caregivers of individuals with emotional or behavioral difficulties prior to age 13. **Start: Wed., March 1st, 6:30-9pm. Location: Grace Farms, West Barn 365 Lukes Wood Road, New Canaan. Contact: Janet: 203-517-9185 and Denise: 203-314-0208**

Trackside

Trackside is ready to help your Middlebrook student make the most of the new school year with a variety of activities and events at the Teen Center, including free clubs such as Crafts for Shelter Pets, Gamer Club, and Broadway Club. As always, Trackside is open weekdays during the school year from 3 to 6pm and 3 to 7pm on Fridays for drop-in hours. Special events on Friday nights include dances, parties, video game tournaments, and movie nights. For more information, visit www.trackside.org or follow us on facebook.com/trackside.

Board of Education

Visit the [BOE website](#) for lots of information. Meetings are available for viewing online by [clicking here](#) and on cable channel 78.

Middlebrook Weekly Messenger Newsletter Submissions

This weekly newsletter is reserved for news about information and events related to Middlebrook students. If you would like to submit a school-related announcement for this newsletter, please contact Middlebrook Messenger at middlebrookmessenger@gmail.com by Wednesdays at noon to be included in the next Sunday edition.